

**Pregnancy-/
Pregnancy conflict consultation**

- advice and practical help during the pregnancy and after the birth of the child
- support to fill out applications for financial aids
- psychosocial counselling
- information concerning family planning, sexuality and prevention
- free of charge, confidential

Contact details

Arnstadt
Marienstift Arnstadt
Pregnancy-/ Pregnancy conflict consultation
Rosenstraße 11
99310 Arnstadt
Tel.: 0 36 28 / 7 61 93
schwangerenberatung@ms-arn.de

Ilmenau
Marienstift Arnstadt
Pregnancy-/ Pregnancy conflict consultation
Außenstelle Ilmenau/ Field office Ilmenau
Bahndamm 19
98693 Ilmenau
Tel.: 0 36 77 / 20 26 52
skb-ilmenau@ms-arn.de

Gynaecologists and obstetrics

- prenatal care consultations
- voluntary, but strongly recommended
- medical check-ups will be paid by health insurance

Dipl.-Med. Tanja Dormayr
Tel.: 0 36 28 / 58 12 00
Stadtilmer Straße 5, 99310 Arnstadt

Dipl.-Med. Ullrich Endisch
Tel.: 0 36 28 / 4 83 77
Dr.-Robert-Koch-Straße 1, 99310 Arnstadt

Dr. med. Heike Frenzel
Tel.: 0 36 28 / 4 82 90
Schloßstraße 3, 99310 Arnstadt

Dr. med. Katrin Deutsch
Tel.: 0 36 28 / 5 13 49 07
Erfurter Straße 42a, 99334 Amt Wachsenburg
OT Ichtershausen

Dipl.-Med. Ingrid Dormayr
Tel.: 0 36 29 / 34 36
Markt 25, 99326 Stadtilm

Dipl.-Med. Petra Koleczko
Tel.: 0 36 77 / 84 08 96
Straße des Friedens 17, 98693 Ilmenau

Dr. med. Katharina Koch
Tel.: 0 36 77 / 20 20 40
Poststraße 31, 98693 Ilmenau

Dr. med. Margit Wagner
Tel.: 0 36 77 / 6 31 10
Prof.-Schmidt-Straße 27, 98693 Ilmenau

Midwives

- support during the pregnancy, birth and in the early days after the birth
- offer antenatal classes, Participate!
- charges are paid by statutory health insurances!

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Mobil: 01 74 / 9 20 25 95
In den Hofstätten 5, 99094 Erfurt

Miriam Schneider
Mobil: 01 73 / 8 01 29 34
Steigerstraße 37, 99887 Gräfenhain

Steffi Grimm
Tel.: 03 68 42 / 2 29 96 Mobil: 01 70 / 7 80 11 12
Turnvater-Jahn-Straße 2, 99310 Arnstadt

Claudia Biedermann
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Bettina Gerbert
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Gehrener Straße 38a, 98704 Wolfsberg
OT Gräfinau-Angstedt

Diana Schmidt
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OT Holzhausen

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98693 Ilmenau

Simone Melzer
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Bahnhofstraße 14, 99330 Gräfenroda

Sörine Klugmann
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Elgersburger Straße 14, 98693 Martinroda

Family midwives and family-health-and paediatric nursing

- Cornelia Frischmuth-Kästner
- contacting through network and coordination office child protection/Early help of the youth welfare office (Netzwerk- und Koordinierungsstelle des Jugendamtes Ilm-Kreis)
Tel.: 0 36 28 / 738 605



Editor:	District Office Ritterstraße 14 99310 Arnstadt	Landratsamt Ilm-Kreis/ District Office Ritterstraße 14 99310 Arnstadt Tel.: 0 36 28 / 738 0 Tue 8:30-11:30 and 13:00-18:00 Thu 8:30-11:30 and 13:00-14:30	
Contact Person:	District Office Ilm-Kreis Youth welfare office – network and coordination site for child protection/ Early help	Außenstelle Jugendamt Field office Youth welfare office Erfurter Straße 26 99310 Arnstadt Tel.: 0 36 28 / 738 601	Außenstelle Ilmenau Field office Ilmenau Krankenhausstraße 12a 98693 Ilmenau Tel.: 0 36 77 / 657 0
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This flyer results from a collaboration with the integration manager of the Ilm-Kreis.			

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Contact to the maternity hospital

Ilm-Kreis Klinik Arnstadt-Ilmenau gGmbH
clinic for gynaecology and obstetrics
 Bärwinkelstraße 33 99310 Arnstadt
 Tel. 036 28 / 919 230
 Central number: 0 36 28 / 91 90
 Emergency room no. : 0 36 28 / 91 92 15

Birth certificate

- the birth of your child has to be announced within a week of birth, at the registry office (Standesamt) of the place of birth
- this announcement contains: name and sex of the child, birth date, place of birth as well as the name of the parents
- the issue of the birth certificate costs 7,00 € in Thuringia at the moment

**Standesamt Arnstadt
Registry office
Markt 1
99310 Arnstadt**

Mother/father - consultation

- consultation offer free of charge for parents of children between age 0 to 3 years

Ilmenau
Mondays from 9:00-12:00
Women- and family centre
Wetzlarer Platz 2
Tel.: 01 51 / 12 67 61 83

Stadtilm
Fridays from 9:00-11:00
Meeting centre Stadtilm
Straße der Einheit 1
(back entrance of town hall)
Tel.: 01 51 / 12 67 61 84

Arnstadt
Fridays from 9:00-12:00
Rosenstraße 19
Tel.: 01 51 / 12 67 61 82



Acknowledgement of paternity

A man passes for the father of a child when,

- he is married to the mother of the child or
- the paternity is acknowledged through a certificate or
- his paternity is determined by court decision.

if the parents aren't married, it's important that the paternity is legally attested by the parents

acknowledgement of paternity confirms the relation between father and child and is the basis for the maintenance of benefits as well as pension entitlement, and hereditary title in case of the father's death

acknowledgement of paternity is possible to get at the youth welfare office (Jugendamt -free of charge), registry office (Standesamt -free of charge) or notary (with charges)

the father has to appear personally and be able to identify himself (passport, residence record)

the mother of the child has to approve acknowledgement of paternity

acknowledgement of paternity can be made before the birth

Paediatricians

Dipl.-Med. Petra Baldauf
Tel.: 0 36 28 / 9 18 49 00
Schloßstraße 3, 99310 Arnstadt

Tim Krüger
Tel.: 0 36 77 / 4 68 09 34
Dehnenstöcker Straße 39, 98693 Ilmenau

Dipl.-Med. Simone Schmidt
Tel.: 0 36 77 / 60 67 15
Dehnenstöcker Straße 32, 98693 Ilmenau

Medizinisches Versorgungszentrum (MVZ)
 Medical supply centre location Arnstadt
 Standort Arnstadt
 Tel.: 0 36 28 / 91 96 16
 Bärwinkelstraße 33, 99310 Arnstadt
 Standort Ilmenau
 Tel.: 0 36 77/ 60 67 15
 Dehnenstöcker Straße 32, 98693 Ilmenau

Dr. Med. Heike Reichelt
Tel.: 0 36 77 / 6 34 34
Friesenstraße 6, 98693 Ilmenau

Early detection examination

- invitation to upcoming early detection examination for the age of four weeks to six years by „Precaution centre for children“/„Vorsorgezentrum für Kinder“
medical examinations for the aftercare after birth
participation at examinations is an obligation, reasons for non-participation will be checked by the youth welfare office (Jugendamt)
all information about vaccinations can be found at www.rki.de

Financial benefits

Parental benefit

- is a state support for parents, who themselves want to take care of their child after birth and are therefore unemployed or partly employed during this time. Parents who were not employed before the birth can also receive parental benefits.
- must be submitted in writing
- nationals of the EU-states or countries with intergovernmental agreements also have claims to parental benefit if they are employed in Germany or live in Germany.
- people, owning a settlement permit fulfil these conditions without exceptions. People, owning a residence permit only fulfil the conditions if she or he is or was entitled to employment in Germany. There are different regulations with forms of residence and their claims to parental benefit
- get yourself advised at your service providers (Social welfare office/Sozialamt, job centre/Jobcenter) or at the parental benefit office of the youth welfare office/Jugendamt IlmKreis for the regulations



Child benefit

- claims to child benefit for children up to the age of 18
child benefit is paid monthly and amounts to:
- for the first and second child 192 €
 - for the third child 198 €
 - for every other child 223 €
- nationals of EU-states or countries with intergovernmental agreements have claims for child benefit if they are employed in Germany or live in Germany
people with residence permit can receive child benefit.
get yourself advised at your service providers (Social welfare office/Sozialamt, Job Centre/Jobcenter) for the regulations

Benefits for education and participation

- parents who receive unemployment benefit II, social aid, AsylbLG, child supplement or housing benefit can apply for „Benefits for education and participation“ for social and cultural life for their children e.g. membership fee in sport- or culture clubs
- information and consultation:
- recipients of unemployment benefit II at Job Centre/Jobcenter
- recipients of social aid, housing benefit, AsylbLG and child support at the Social welfare office/Sozialamt

Jobcenter Ilm-Kreis/ Job centre

Bierweg 2 Krankenhausstraße 12
99310 Arnstadt 98693 Ilmenau
Tel.: 0 36 28/ 6 10 59 62

Mo - Fr 7:30-12:30
Tue 13:30-15:30
Thu 13:30-18:00

Sozialamt/ Social Welfare office
Ritterstraße 14
99310 Arnstadt
Tel.: 0 36 28/ 738 301
Tue 8:30-11:30 and 13:00-18:00
Thu 8:30-11:30 and 13:00-14:30

Childcare

Child day care from age 1 in kindergarten

- legal claim for child day care from age 1
- includes language support, professional childcare
- possible times: Monday – Friday
- you can get all information directly at the establishment or at the municipal administration of your home town
- please register your child timely at the kindergarten to save a spot
- financial aids is possible for parental contribution and lunch money

Child day care from age 1 in day care (day mother)

- another form of child day care
- especially for children younger than 2 years
- mediation through youth welfare office/Jugendamt
- financial aid possible parental contributions and lunch money

Under special circumstances a child day care for children under one year is possible.

School registration

- obligation for school attendance from age 6
- application necessary at the primary school!
- There will be a medical examination before the enrolment at the health department (Gesundheitsamt) (enrolment examination)

You get all information here:

**Personal- und Schulverwaltungsamt/
Personnel- and school administration office**
Ritterstraße 14
99310 Arnstadt
Tel.: 0 36 28/ 738 288