Pregnant – and now?
Being parents – what to do?

Landratsamt Ilm-Kreis/ District Office
Ritterstraße 14
99310 Arnstadt
Tel.: 0 36 28 / 738 0

Guideline for parents and those, who want to be parents

Pregnancy-/Pregnancy conflict consultation
- advice and practical help during the pregnancy and after the birth of the child
- support to fill out applications for financial aids
- psychosocial counselling
- information concerning family planning, sexuality and prevention
- free of charge, confidential

Contact details

Arnstadt
Marienstift Arnstadt
Pregnancy-/Pregnancy conflict consultation
Rosenstraße 11
99310 Arnstadt
Tel.: 0 36 28 / 7 61 93
schwangerenberatung@ms-arn.de

Ilmenau
Marienstift Arnstadt
Pregnancy-/Pregnancy conflict consultation
Außenstelle Ilmenau/Field office Ilmenau
Bahndamm 19
98693 Ilmenau
Tel.: 0 36 77 / 20 26 52
skb-ilmenau@ms-arn.de

Gynaecologists and obstetrics
- prenatal care consultations
- voluntary, but strongly recommended
- medical check-ups will be paid by health insurance

Dipl.-Med. Ingrid Dormayr
Tel.: 0 36 28 / 34 36
Markt 25, 99326 Stadtilm

Dipl.-Med. Petra Koleczko
Tel.: 0 36 77 / 6 31 30
Strasse des Friedens 17, 98963 Ilmenau

Dr. med. Katharina Koch
Tel.: 0 36 77 / 20 20 40
Poststraße 31, 98963 Ilmenau

Dr. med. Margit Wagner
Tel.: 0 36 77 / 6 31 10
Prof.-Schmidt-Straße 27, 98963 Ilmenau

Midwives
- support during the pregnancy, birth and in the early days after the birth
- offer antenatal classes, Participate!
- charges are paid by statutory health insurances!

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Tel.: 0 36 28 / 7 09 99
Parkweg 4, 99310 Arnstadt

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Turnvater-Jahn-Straße 2, 98963 Ilmenau

Annett Fischer
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Zum Steingraben 31, 98716 Geraberg

Anika Buntrock
Mobil: 01 74 9 20 25 95
In den Hofstatt 5, 99094 Erfurt

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Steigerstraße 37, 98963 Gräfenroda

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Turnvater-Jahn-Straße 2, 99310 Arnstadt

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Karl-Liebknecht-Straße 18, 98716 Geschwenda

Bettina Gerbert
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GT Gräfenau-Aegidien

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Am Anhalt 28, 99334 Amt Wachsenburg
GT Hölhausen

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98963 Ilmenau

Simone Meißler
Tel.: 03 62 05 / 7 15 89 Mobil: 01 76 / 62 01 28 14
Bahnhoftreasse 14, 99330 Gräfenroda

Sörine Klugmann
Tel.: 0 36 77 / 8 79 68 68 Mobil: 01 70 / 3 43 95 07
Eichenburger Straße 14, 98963 Martinstroda

Family midwives and family-health-and paediatric nursing
- Cornelia Frischmuth-Kästner - contacting through network and coordination office child protection/Early help of the youth welfare office (Netzwerk- und Koordinierungsstelle des Jugendamtes Ilm-Kreis)
- Tel.: 03 62 05 / 7 15 89

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- Tel.: 0 36 28 / 738 605

This flyer results from a collaboration with the integration manager of the ILM-Kreis.

Edition August 2017
A man passes for the father of a child when, he appeared before the mother of the child or the paternity is acknowledged through a certificate of - his paternity is determined by court decision.

- if the parents aren’t married, it’s important that the paternity is legally assigned by the parents:
- acknowledgement of paternity confirms the relation between father and child and is the basis for the maintenance of benefits as well as pension entitlement, and hereditary title in case of the father’s death
- acknowledgement of paternity is possible to get at the youth welfare office (Jugendamt -free of charge) or notary (with charges)
- the father has to appear personally and be able to identify himself (passport, residence record)
- the mother of the child has to prove acknowledgement of paternity
- acknowledgement of paternity can be made before the birth.

Financial benefits

Parental benefit

- is a state support for parents, who themselves want to take care of their child after birth and are therefore unemployed or partly employed during this time. Parents who were not employed before the birth can also receive parental benefits.
- must be submitted in writing
- nationals of the EU-states or countries with intergovernmental agreements also have claims to parental benefit if they are employed in Germany or live in Germany
- people, who are maintaining a settlement permit, fulfill these conditions without exceptions. People, owning a residence permit only fulfill the conditions if she or he is or was entitled to employment in Germany. There are different regulations with forms of residence and their claims to parental benefit
- get yourself advised at your service providers (Social welfare office/Sozialamt, Job center/Jobcenter) or at the parental benefit office of the youth welfare office/Sozialamt, job center/Jobcenter
- get yourself advised at your service providers (Social welfare office/Sozialamt, Job center/Jobcenter) or at the municipal administration of your home town

Child benefit

- claims to child benefit for children up to the age of 18
- child benefit is paid monthly in two instalments:
  - for the first and second child 192 €
  - for every other child 233 €
- nationals of EU-states or countries with intergovernmental agreements have claims for child benefit if they are employed in Germany or live in Germany
- people with residence permit can receive child benefit. get yourself advised at your service providers (Social welfare office/Sozialamt, Job center/Jobcenter) for the regulations

Benefits for education and participation

- parents who receive unemployment benefit II, social aid, AsylBlG, child supplement or housing benefit can apply for "Benefits for education and participation" for social and cultural life for their children e.g. membership fee in sport- or culture clubs.
- information and consultation: recipients of unemployment benefit II at Job Center/Jobcenter
- recipients of social aid, housing benefit, AsylBlG and child support at the Social welfare office/Sozialamt

Jobcenter Ilm-Kreis/Jobcenter

Bierweg 2
93910 Arnstadt
Tel.: 0 36 28 / 6 10 59 62
Mo - Fr 7:30-12:30
Tue 13:30-18:00
Thur 13:30-18:00
Sozialamt/ Social Welfare office

Ritterstraße 14
93910 Arnstadt
Tel.: 0 36 28 / 738 301
Tue 8:30-11:30 and 13:00-18:00
Thu 8:30-11:30 and 13:00-14:30

Childday care from age 1 in kindergarten
- legal claim for child day care from age 1
- includes language support, lunch money
- possible times: Monday – Friday
- you can get all information directly at the establishment or at the municipal administration of your home town
- please register your child timely at the kindergarten to save a spot
- financial aids is possible for parental contribution and lunch money

Child day care from age 1 in day care (mother)
- another form of child day care especially for children younger than 2 years
- mediation through youth welfare office/Jobcenter
- financial aid possible parental contributions and lunch money

Under special circumstances a child day care for children under one year is possible.

School registration

- obligation for school attendance from age 6
- application necessary at the primary school!
- there will be a medical examination before the enrolment at the health department (Gesundheitsamt) (enrolment examination)

You get all information here:

Personal- and Schulverwaltungsamt/ Personal- and school administration office
Ritterstraße 14
93910 Arnstadt
Tel.: 0 36 28 / 738 288

Childcare

Financial support possible parental contributions and lunch money

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